



Meet the Newest Member of Your Health Care Team

Home Telehealth

As leading providers of home health care services, Berks Visiting Nurse Association (BVNA), Visiting Nurse Association of Pottstown & Vicinity (VNAP) and Greater Lehigh Valley Visiting Nurse Association (GLVVNA) continue to see the value in cutting edge technology to improve patient access to quality care.

Combining video and audio monitoring technology, **Telehealth** enables a highly collaborative and efficient exchange of medical information among our patient, our nursing team and the physician. **Telehealth** is easy to use and patients enjoy the security and personal contact with the **Telehealth** nurse through the audio/video feature. Its purpose is to enable us to maintain closer contact with high-risk, chronically ill patients in between regular home nursing visits. This technology enhances the care of our patients resulting in better outcomes.

“It gives me something to look forward to. It’s very educational.”



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Our family of Home Health Care Providers is accredited by CHAP.

All services are available without regard to race, religion, creed, color, age, ancestry, national origin, sex, sexual preference, lifestyle, socio-economic status, veteran’s status or handicap.



Home Health Care Management

Telehealth Advisor A Simple Program...



Berks Visiting Nurse
Association



Greater Lehigh Valley
Visiting Nurse Association



Visiting Nurse Association
of Pottstown & Vicinity

“I feel somebody is watching out for me...and I like that.”

The In-Home Monitoring System Allows Us To Provide:

- Better access to care/responsiveness to care
- Earlier intervention
- Earlier, faster information on the health of your patients

Types of Critical Measurements

Through the use of special technology, our **Telehealth Video Monitoring Services** provide monitoring of:

- Blood pressure
- Pulse
- Oxygen level saturation
- Heart and lung sounds
- Weight
- Blood glucose

“It has raised my awareness about the things I need to do to stay in good shape.”

What Home Telehealth Offers Physicians

We can provide you with clear, concise data on the patient's condition including graphs of their vital signs so that you can make changes in the patient's treatment or determine if and when you need to see them. Studies have demonstrated:

- Reduction of emergency room visits and hospital readmissions, allowing your patient to partake in more regular office visits
- Increased patient compliance
- Early detection and intervention
- Trending vital sign data on patients
- Increased confidence of delivery of care
- Enhanced case management

A Powerful Patient Care Solution - Introducing the Health Buddy Telehealth Advisor

Imagine a service that transcends the boundaries of traditional healthcare...one that is convenient for physicians and easy for patients...one that reduces exacerbations and repeat office visits.

Although the **Health Buddy** appliance is easy to use, it delivers a powerful patient care solution that offers significant benefit to patients and physicians:

- Provides care based upon individual patient care needs
- Tracks and supports patient compliance
- Helps patients learn to better manage their disease
- Reinforces healthy behaviors
- Identifies opportunities for proactive intervention
- Reduces emergency room utilization and re-hospitalizations
- Reduces patient anxiety and improves satisfaction
- Provides physicians with valuable care plan oversight documentation

Beyond Vital Signs... Enter Disease Management

The **Health Buddy** offers more than 30 standardized disease management programs covering more than 45 subjects for both individual diagnoses and comorbidities. The **Health Buddy** consists of diagnosis-specific patient education and questions selected from more than 10,000 dialogues.

- Adult Asthma Program
- Chronic Obstructive Pulmonary Disease Program*
- Coronary Artery Disease Program
- Diabetes Program*
- Heart Failure Program*
- Heart Failure/Diabetes Program*
- Hypertension Program*
- Hypertension/COPD Program*
- Hypertension/Diabetes Program*
- Senior Wellness Program

*NCQA-Certified Disease Management Program



Simple... Convenient... Targeted

The **Health Buddy** appliance is easy to use. Your patients simply read the questions and reminders, and then push one of four buttons to provide their answer. The information is transmitted to a secure Web Site where our nurse can access it and address any potential problems immediately.

Provided there is a phone jack and an electrical outlet, the devices can be placed anywhere that patients choose. They have the freedom to decide where and when they use it, at his/her convenience.

Lasting less than 8 minutes, **Telehealth** sessions are brief and tailored to the specific needs of your patients. Focused on disease management, the patient quickly provides their answers, while simultaneously receiving valuable educational information about his/her condition.

“It's become a quick little daily routine – just like brushing my teeth.”

How Will Your Patients Pay For This Technology?

Any Medicare-eligible patients who are referred for home care services and meet the selection criteria will be candidates at no cost to the patient. A patient can arrange to pay privately for the **Telehealth Services** through our sister agency **Advantage Home Care** at 1-800-346-7848.